

Biskey How, Post Knott & Brant fell Walk

Walk approx. 45mins to 1 hour

Highest Point 147m

Ok for trainers

1 Turn left out of the hotel and down the main driveway past the gate house. Turn right and follow the main road along towards the boats.

2 Follow the pavement along to the mini roundabout and head up the hill. Walk up the hill through Bowness and past the Royalty Cinema. Take the 2nd road on the right "Biskey How".

3 Follow the road along and up round the corner. On the right hand side you will come to a wooden signpost "Biskey How"



Follow the track up through some trees and up the wooden steps once at the top enjoy the stunning views from BISKEY HOW of Bowness and the surrounding mountains. **



4 follow the track round and take the left hand path, cross straight over the road



Head down this short road and straight across at the end. Follow the road and as the road bends round to the left take the gated track to the right.

5 Follow the footpath all the way along a lovely woodland path right to the end, turn right through the gate in the corner. Follow the track up to the viewing point of POSTT KNOTT **



6 You can either follow the path behind you (pic below) to the kissing gate and up the next hill Brantfell for more amazing views **



Or turn right and head down the hill through more woodland. Follow the track all the way to the bottom. Then head straight on towards the main road. Cross the road and turn Right 50 Yards round the corner on the left is the hotel back entrance head into the hotel carpark and into the Spa for a well deserved drink and relax.

We hope you enjoy the walk and welcome any feedback.

****View point** to sit and enjoy a Gin and Tonic whilst enjoying the amazing views of the Lakes. We will supply you with a back pack 2 gin and tonics per person for the walk and a 3rd one when you hand back your back pack at the Spa and receive your last well deserved Gin & Tonic. See our concierge in reception to arrange

If you would like another walk try the famous Dalesway see the concierge.